

Simple 3 Step Process to Wiping Out Financial Pressure

A tropical beach scene at sunset. In the foreground, two people are lying on lounge chairs on a wooden deck, facing away from the camera towards the ocean. The sun is low on the horizon, creating a warm, golden glow. Palm trees are scattered throughout the scene, some in the background and some framing the view. The ocean is visible in the distance, with a few more lounge chairs and umbrellas visible on the beach.

**While Enjoying Your
Ultimate Day**

Throughout this ebook, we share insight into buying back time and freedom by shifting your mindset, adjusting expenses, saving money in ways you may not have thought of and finally how to use that extra money to live your dream life.

3 Steps of Time and Money

Increase Income

Increase Your Time

Decrease Your Costs

Then later, we show you the

3 Steps to Money Working for You

Reducing the Pressures of Money

Taking financial pressure off your current source of income is paramount to giving you the ability to make better decisions, take opportunities and be fearless in life. Why this concept is so great, is partly due to the fact it is a form of income that can't be taken away from you easily.

Unlike a job, certain business contracts, and even online freelancing work, this style of earning is a way to bring in funds using money rather than your time and skills.

While giving up your time is part of the process to earning certain income, wealthy people leverage their money to make more of it.

Developing a Wealth Mindset Using Money as a Tool

Once beyond a baseline level of survival, money can either be used as a tool or a way to spend up on luxuries. The middle class is known to spend up on cars and often an accompanying loan, boats and houses larger than they really need.

The downside to this, is the trap of financial burden that comes with it, along with the reduction of investable cash that is free to buy back time from employment or time based earning, make business or investment decisions and the reliance on a single source of income.

The wealthy have more time and focus to put their efforts into learning more valuable skills, take on new and bigger projects, take calculated business risks that are likely to earn more or even choose to simply enjoy, relax and go on holidays. How? They use money in exchange for time, to cycle in their income that they use to enjoy life.

Insight into Going for Your Dreams

If you've been on a journey to achieving something incredible or hitting a dream that isn't common, you will probably know that many people around you may not hold your same dream.

They may outline reasons not to, fears and concerns along with their thoughts on why it won't work or be possible for you.

Building wealth and investing is generally no different, so just be aware when you bring your new ideas to those around you that aren't on a similar path to maximizing their life. If you want it, you have to go out and take it, often without support from those around you.

Just like the founder of Apple, who builds new products and launches them to the world, they do not speak about them until they are already a reality.

Expanding Your Investable Cash

This section seeks to increase your income, increase your time and reduce your expenses. Everyone's situation is different but these guides may help spark an idea that could help you evolve to the next level of freedom.

The first step in expanding your income and reducing your costs is to track what is going on with your finances. Knowing your money flow will be helpful in improving it, and it will be great to measure the changes you make after reading this book.

Managing Cash Flow

Pay Yourself

Receive income into an account you don't access everyday so you can send a planned amount to your day to day spending account, a bills account and an investing or saving account.

This account acts as a landing point where it is distributed as per a budget to allow more control over spending, rather than trying not to spend money from a single account that is needed for later.

It also helps to manage your funds as you wish, which can be easier for people on a monthly payment cycle from their job, and they pay themselves weekly from their salary paid once a month into this income account.

Calculate Expected Spending

Here's where work out how much you expect to spend, aside from ongoing bills, rent or mortgage etc. and how much you want to save or invest each payment cycle.

Once you have a calculated figure for spending, bills and savings, you can then distribute your funds to these accounts and take the pressure of thinking about where you are financially when you pull out your credit card.

Here are some examples of what might go into each account:

Bills	Spending
Phone Internet Electricity Water Rent Mortgage Vehicle Fees and Services	Groceries Fuel Experiences Coffee Gifts Buying things Other

Let the Bills Pay Themselves

Using either a direct debit, automatic transfer or paying bills from a dedicated bills account means you don't have to consciously think about how many bills you have, how much rent, or how much you should not spend so you can pay it all. This way, when an expected annual bill comes up, you have the money ready to pay it without even thinking about it.

Investing and Saving

An amount should be set aside for investing/savings each payment cycle. Try to make it a reasonable figure so that you can stick to it, then do the transfers at the start of the payment cycle rather than 'seeing what's left' at the end.



Bank Account 1 receives the income you earn. This money is sent periodically to the following accounts.

Bank Account 2 receives the money set aside for bills (calculate all the bills you expect for the year, then divide it into the number of payment cycles you receive in a year).

Bank Account 3 receives the money you expect to spend on a day to day basis.

Bank Account 4 receives the money you set aside for saving and investing. Cashflow from investing can either be kept to reinvest or used as cashflow into bank account 1 for distribution.

Forms of Income Using Time

Employment – Maximise earnings through asking for a payrise, skill upgrades or a change of job.

Second Job – Add income by getting a weekend or evening job, provided it doesn't impact your full time job.

Skill Upgrade – Learn a skill that will allow you to increase your earning potential, considering your natural skills, abilities and opportunities when deciding where to focus.

Side Hustle – Consider taking up a side hustle. With apps like Uber Eats, Upwork, YouTube and Airtasker, there's so many options when it comes to using your time and effort to earn a little extra money. Some people even build a small business (with super low costs), or create a website based on their passion.

Sometimes it could be helpful to increase usable time to add to your earning power.

Ways to Gain Time

Choose to live closer to your most common daily activities such as your work, gym, shops and people you visit often. Saving just half an hour per day (or 15 minutes drive each way) would equate to two and a half hours per work week, which could be enough to earn between \$50 to \$100 extra per week.

Increasing your valuable skills means increasing the value others will pay you for services. Therefore, learning or improving a skill, or using that skill, could be more valuable monetarily than doing actions that may cost a lower value, such as mowing a lawn, cleaning the house and so on.

If you build up a skill where you can earn say \$50 for an hour, but the lawn mowing costs \$40 an hour, there's a difference of \$10 an hour that would effectively be a net profit.

When learning a skill that will get you an extra \$5 per hour for most hours that you work, and you work 40 hours a week, then sacrificing 2 hours of housework by paying for the service while you study or develop this new skill, your income increases by \$200 a week from then on.

Provided the cost of housework done is less than \$200 for that week then you would effectively be in a net profit, without considering the ongoing effect of your new skill and income potential.

Ways to Reduce Spending

Consider if you really need it. If you will survive without it, perhaps you don't need to buy it.

Reducing debt starting with the highest cost debt. Be sure to take into account any fees, early repayment costs and other hidden fees, as well as the interest rate.

Paying things upfront rather than on a schedule if there is a reasonable saving. Consider insurance, paying an annual premium often results in a discount, sometimes it can be around 20% cheaper than paying monthly. Hidden costs like this are all around, so check up on all of your outgoings to see if there is a way to save on your current bills.

Check on any phone or internet plans or even gym subscriptions to see if you can get a better offer.

Seek a lower cost place to live if it is viable.

Assess any consistent costs to try reduce them.

Once you have reduced your costs, increased your income and saved some time, it's time to work on the next step, using money to grow your income.

A Vehicle to Begin Your Journey

Now let's shift the focus to financial markets, and how they can be traded with minimal risk, aiming for compounding returns long term. This isn't about getting rich quick, nor is it about taking big risks to get big returns. It is a slow and steady approach to using an array of benefits that come from trading the right way, the smart way.

The key to anything new though, is to start small and get a feel for how it all works without risk. This system allows you to test at no cost and see how it all works before you even put a single dollar in.

It is based around financial market trades gearing the benefits in your favour long term. Some trades will win, some will lose, but it's the action of using automation to take micro actions over and over again that lead to benefits overall. Rather than using your time, use your computer's time.

Each trade risks a small amount, with the probabilities leading to an end result of earning money.

Using a demo account to mimic the real market, you get the software and see what kind of money would be made on that account balance over about a month. It's not real money at this point, but at least you will know what to expect when you go in with a real account and real money.

Here's the formula:

- 1. Access the markets**
- 2. Copy on Autopilot (starting small)**
- 3. Dollar Cost Average**

Let's take a deeper look at how it works.

Unlock Your Market Access

You get an account with FXTrading.com where your funds are held, with the licenced broker. The broker gives you access to the markets via a platform called MetaTrader, so you can place trades and later on, withdraw your profits to your own bank account.

Receive The Trades

The Telegram Channel sends you trade information that let's you place orders to your broker account via your MetaTrader platform.

The Hands Free Automation Approach

Specialized software runs on your computer listening to the Telegram Channel for trade alerts. When a trade alert comes through, it receives the trade from Telegram and places the trade on your account.

How Darren Quit his Job and Travels the World Making Music

Darren worked full time doing labor in construction, long hours, hot days and limited progression into skilled jobs for the long term.

He decided to take on this simple 3 step process after stumbling onto it while looking for a way to reduce financial pressures and make life a little easier.

While he was a little suspicious that anything could actually help him earn a little extra without physically working for it, he took the plunge and went through a few steps to get set up. After all, it wasn't a hard process and it wasn't going to cost much if it didn't end up working. The cost to benefit was HUGE!

He set it up, put a little bit of money in to see if it worked, then made a withdrawal of \$200 to make sure it wasn't a dodgy scheme. The next day the money hit his bank account and he spent it on a nice dinner out to celebrate.

Upon knowing it was all legitimate and worked, Darren started saving funds putting a little in each week and growing the account balance. This part of the process combines two techniques, the first is dollar cost averaging. Dollar cost averaging basically means adding money in over time to average out profits and losses, growing the account overall.

The second technique is making use of compounding returns, by adjusting the volume used to trade according to the current account balance (which is growing over time).

The outcome was the account growing and each trade was earning a little more each time. Instead of \$5.20 the next trade earned \$5.50. It might not seem much, but do that 50 or 100 times and the amounts start becoming VERY meaningful.

After a couple more years of putting a little bit away each week, eventually he was earning enough to quit his job and go enjoy his life to the fullest.

With time on his side, Darren now travels to exotic countries, working on his music and making new friends around the world.

The account grows and now the income created is greater than what he spends, allowing Darren to live this lifestyle.

It wasn't an overnight fix, and it took a while to scale up and benefit from all the compounding. The single biggest factor to compounding returns is time. Over a few years of saving up, putting money aside and letting the trades increase the account slowly over time, Darren was able to live life on his terms, without risking too much.

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